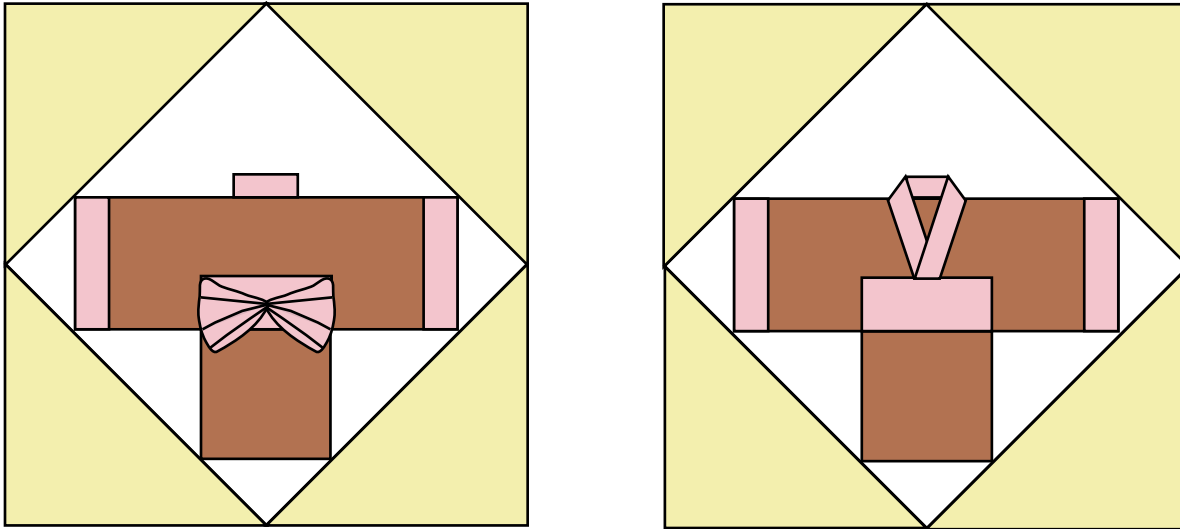


# March 2009 Block-of-the-Month

## Kimono Block

In the spirit of the “Zen Stitches” exhibit which is being presented beginning in June at the Hammond Museum & Japanese Stroll Garden, let’s create a kimono block. Inspired by Fantastic Fabric Folding, by Rebecca Wat, this month’s block-of-the-month features a choice between two blocks. You may choose to highlight the front or the back of this garment. Choose one, construct the block, and then add your own personal touch. Using your creativity, add an elegant embellishment, such as a yo-yo, large button, beads, or ribbon rose on the sash (obi) on the back of the kimono. Or using beads or embroidery, embellish the cuffs and sashing on the front of the garment.

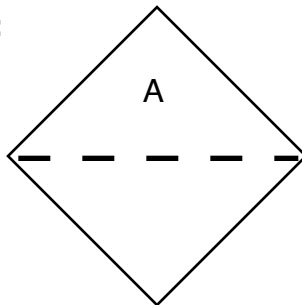


The **complete block finishes at 8-1/2”**.  
 (White inner block finishes to 6-1/8”, BEFORE cream triangles are sewn on).

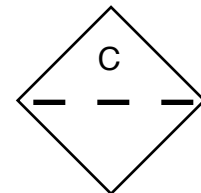
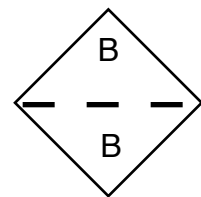
Use your choice of fabric and color for the kimono, cuffs, collar, and obi (sash).  
 Use white for the background of the kimono.  
 Use a pale cream / gold for the outer four corners.

**From white background fabric:**

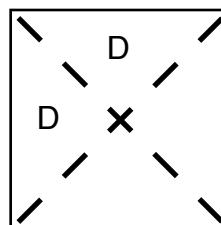
1) Cut one 5-1/8” square from white fabric. Cut the square in half diagonally. One of these triangles will be used.



2) Cut two 2-1/4” squares. Cut them in half diagonally. You will use three of these triangles.



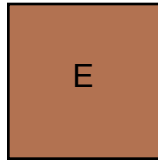
3) Cut one 4-1/8” square. Cut this square diagonally, twice, to create four quarter square triangles. You will use two of these triangles.



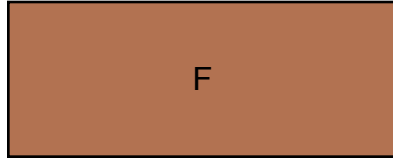
**For the Kimono :**

**For the Cuffs, Obi, Collar, and Bow :**

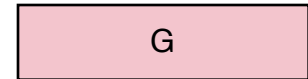
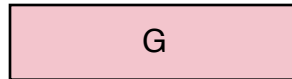
4) Cut one square 2-1/2" x 2-1/2".



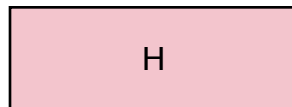
5) Cut one rectangle 2-1/2" x 5-1/2".



6) Cut two rectangles 1" x 2-1/2". (Cuffs)

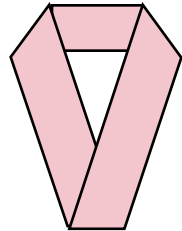


7) Cut one rectangle 1-1/2" x 2-1/2". (Obi)



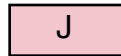
If you are making the front view of the garment:

7) Cut one rectangle 1-1/2" x 5". (Front Collar)

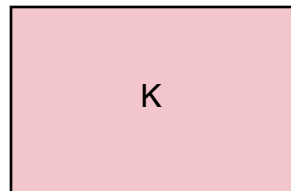


If you are making the back view of the garment:

8) Cut one rectangle 7/8" x 1-1/2". (Back Collar)

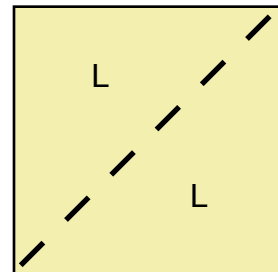
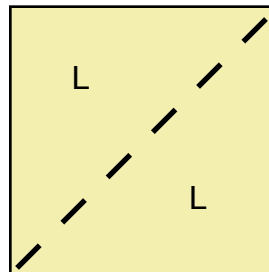


9) Cut one rectangle 2-1/2" x 2-3/4". (Bow)

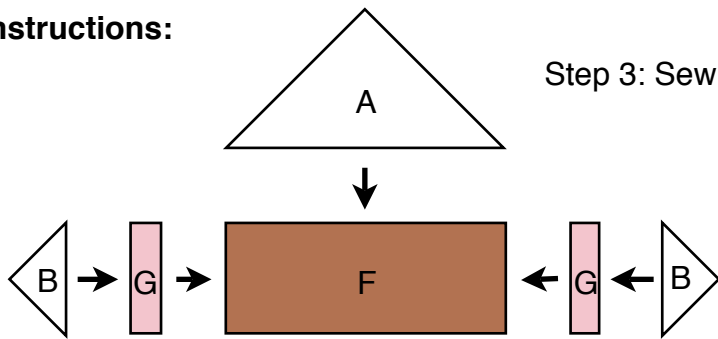


**For the Four Outer Corners:**

10) Cut two squares 4-7/8" x 4-7/8".  
Cut the squares in half diagonally.

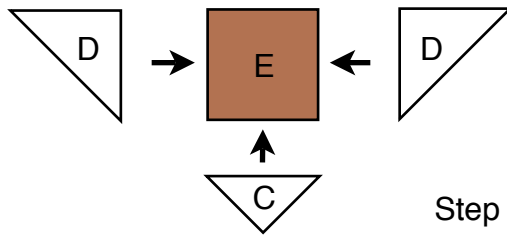


**Assembly Instructions:**



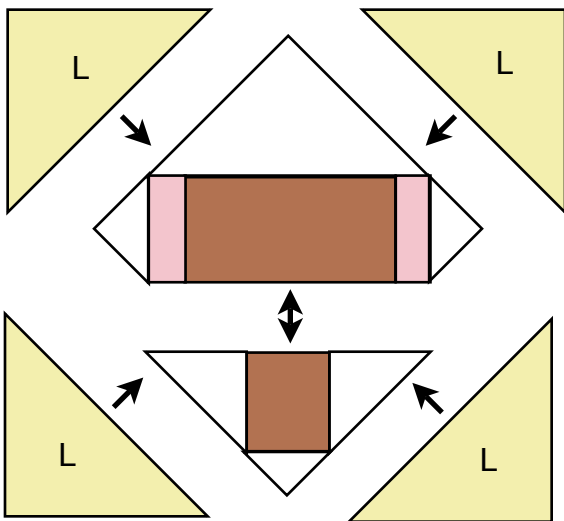
Step 3: Sew this Triangle 'A' to row created in step 1.

Step 1: Sew this row.



Step 2: Sew this row.

Step 4: Sew this Triangle 'C' to row created in step 2.



Step 5: Sew top half to bottom half.

Step 6: Sew triangles 'L' onto the sides of the kimono block, placing the kimono on-point.

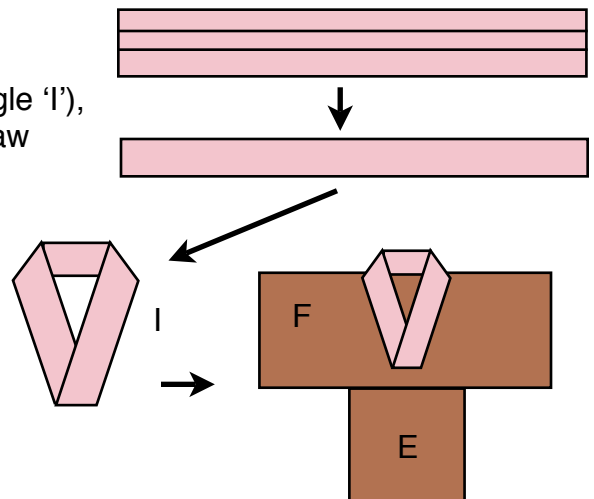
For FRONT view of garment, go to STEP 7.  
For BACK view of garment, go to STEP 12.

**FRONT VIEW:**

Step 7: Fold the two long edges of the front collar (rectangle 'I'), under 1/4", press. Fold in half lengthwise (with pressed raw edges enclosed). Press.

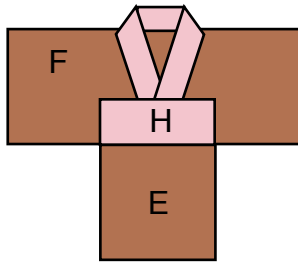
Step 8: Bend the two sides toward the center and press.

Step 9: Hand sew front collar to rectangle 'F'.



Step 10: Fold all four edges of the Obi (rectangle 'H') under 1/4".

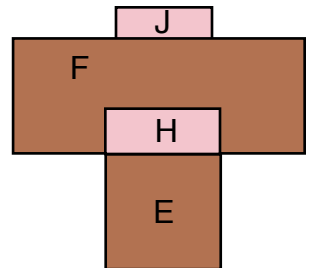
Step 11: Hand sew obi to rectangle 'F', centered and directly above rectangle 'E'.



## BACK VIEW

Step 12: Follow steps 8 & 9 above to attach the obi, rectangle 'H', to rectangle 'F'.

Step 13: Fold under all four edges 1/4" on rectangle 'J', back collar, and press. Hand sew, centered above rectangle 'F'.



Step 14: To add a bow to garment, take rectangle 'K' and fold under all four sides, press.

Step 15: Fan fold the rectangle along the 2" edge.

Step 16: Gather pleats and stitch center together to form a 'bow'.

Step 17: If you desire, stitch lower corners together.

Step 18: Position bow over obi and hand sew to garment.

Step 19: If you prefer, you can add a different embellishment in lieu of the bow. You might try a button or a yo yo, or some other creative choice.

